

ZSC ACADEMY

Leading a healthy lifestyle is easier when you enjoy sports. This is the reason we established ZSC Academy – so that Zayed Sports City can share its love and expertise in sports with a community that is eager to participate.

In Fundamental stages children are engaged in sport to support healthy habits at a young age, while Developmental programmes encourage consistency in play and an understanding of competition. High Performance stages help budding talent achieve higher goals, and adult programmes make lifelong sport something everyone can enjoy.

ركوب الدراجة CYCLING

TERM 1
25 SEPTEMBER - 13 NOVEMBER

TERM 2
8 JANUARY - 26 FEBRUARY

TERM 3
8 APRIL - 13 MAY

45 minutes

FUNDAMENTAL STAGE

1X WEEK
أسبوع

المرحلة
التأسيسية

TERM 1	AED 672	الفصل 1
TERM 2	AED 672	الفصل 2
TERM 3	AED 504	الفصل 3

DEVELOPMENTAL STAGE

1X WEEK
أسبوع

المرحلة
التطويرية

TERM 1	AED 672	الفصل 1
TERM 2	AED 672	الفصل 2
TERM 3	AED 504	الفصل 3

التزلج على الجليد ICE SKATING

TERM 1
17 SEPTEMBER - 7 DECEMBER

TERM 2
7 JANUARY - 28 MARCH

TERM 3
7 APRIL - 26 JUNE

30 minutes

GROUP COACHING

1X WEEK
أسبوع

التدرب
في مجموعة

FUNDAMENTAL	AED 840	المرحلة التأسيسية
ADULTS	AED 840	البالغين

PRIVATE SESSIONS

1 LESSON
حصة تدريبية

8 LESSONS
8 حصص تدريبية

الدروس
الخاصة

INDIVIDUAL	AED 126	AED 945	فردى
2 PEOPLE	AED 116	AED 840	شخصين
3 PEOPLE	AED 105	AED 672	3 أشخاص
4 PEOPLE	AED 95	AED 588	4 أشخاص

30 minutes

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Prices include VAT and are subject to change.
Fees apply to Zayed Sports City location only.

التنس TENNIS

TERM 1
1 SEPTEMBER - 14 DECEMBER

TERM 2
5 JANUARY - 28 MARCH

TERM 3
5 APRIL - 26 JUNE

45 minutes

FUNDAMENTAL STAGE	1X WEEK أسبوع	المرحلة التأسيسية
TERM 1	AED 1,418	الفصل 1
TERM 2	AED 1,134	الفصل 2
TERM 3	AED 1,134	الفصل 3

60 minutes

DEVELOPMENTAL STAGE	1X WEEK أسبوع	2X WEEK أسبوعين	3X WEEK 3 أسابيع	المرحلة التطويرية
TERM 1	AED 1,890	AED 3,465	AED 4,725	الفصل 1
TERM 2	AED 1,512	AED 2,772	AED 3,780	الفصل 2
TERM 3	AED 1,512	AED 2,772	AED 3,780	الفصل 3

Developmental players also benefit from:

Open play hours | Tournament entries (up to 2)

HIGH PERFORMANCE SQUAD	1X WEEK أسبوع	2X WEEK أسبوعين	3X WEEK 3 أسابيع	2X WEEK أسبوعين	3X WEEK 3 أسابيع	4X WEEK 4 أسابيع	5X WEEK 5 أسابيع	مستوى الأداء المتميز
	90 MINUTES			120 MINUTES				
MONTHLY (4 weeks)	AED 1,109	AED 1,987	AED 2,646	AED 2,649	AED 3,528	AED 4,133	AED 4,481	شهرياً (4 أسابيع)
TERM 1	AED 3,639	AED 6,096	AED 8,732	AED 8,128	AED 11,642	AED 12,915	AED 13,314	الفصل 1
TERM 2	AED 2,911	AED 4,877	AED 6,986	AED 6,503	AED 9,314	AED 10,332	AED 10,651	الفصل 2
TERM 3	AED 2,911	AED 4,877	AED 6,986	AED 6,503	AED 9,314	AED 10,332	AED 10,651	الفصل 3

HP players also benefit from: Open play hours | Weekly fitness sessions | Tournament entries (up to 2) | Workshops (up to 3)

60 minutes

ADULT GROUPS	مجموعات البالغين
STARTERS WORKSHOP (4 WEEKS)	حصة تعلم التنس (4 أسابيع) AED 420
BEGINNERS TO ELITE SESSIONS (8 WEEKS)	المبتدئين حتى المراحل المتقدمة (8 أسابيع) AED 1,000

PRIVATE SESSIONS	1 LESSON حصة تدريبية	10 LESSONS 10 حصص تدريبية	الدروس الخاصة
	45 MINUTES 60 MINUTES	45 MINUTES 60 MINUTES	
INDIVIDUAL	AED 242	AED 315	AED 2,205 AED 2,940
2 PEOPLE	AED 168	AED 221	AED 1,575 AED 2,100
			فردى شخصين

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الأسعار تشمل ضريبة القيمة المضافة وقابلة للتغيير.
هذه الأسعار تنطبق على مدينة زايد الرياضية فقط.